

List of Provider Partners

This list confirms the provider partners for which you can claim a benefit, discount from or contribution from us under certain benefits. Please read this in conjunction with your policy documentation, Table of Cover and Membership Handbook where you will find the full details of the benefits your plan offers cover for.

List of Provider Partners: as of 1 April 2023				
Benefit Name	Benefit Section	Provider	Contact details	
3 & 4D scans (provided by ReproScan or MD Ultrasound)	 Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) 	Babyface Ltd trading as ReproScan or Medical Diagnotsic Ultrasound Ltd	www.reproscan.ie www.mdu.ie	
4d scans	> Member Benefits	Ultrasound Dimensions	Telephone: 01 210 0232 Email: info@ultrasound.ie	
Adult Athletics Ireland membership	 Out-patient Benefits Travel & Sports Cover Package (range of 2 Personalised Packages) Family & Kids Health Package (range of 8 Personalised Packages) Sports Cover Package (range of 8 Personalised Packages) 	Athletics Ireland	www.athleticsireland.ie	
Asthma care programme	> Member Benefits	Buteyko Clinic International	Telephone: 091 335 536 www.buteykoclinic.com	
Baby sleep consultation	 Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) 	Baby Sleep Academy	www.babysleepacademy.	
Baby swimming classes	> Enhanced Maternity Package (range of 8 Personalised Packages) > Family & Kids Health (range of 8 Personalised Packages)	Water Babies Ireland East Limited trading as Water Babies	www.waterbabies.ie	
Back-Up	> Member Benefits	Spectrum Health Limited	01 562 5150	
Care Connect	> In-patient - Other benefits	Care-Connect	www.care-connect. ie/#register or access through MyClinic in your member portal at www.irishlifehealth.ie/login	
Contact lenses	> Dental & Optical (range of 8 Personalised Packages)	Opticalrooms Limited	www.opticalrooms.com	
Dermatology Benefit	 Mind & Body (range of 4 Personalised Packages) You Extra (range of 8 Extras) Day to Day & Out-patient Benefits 	Dermview Limited	www.dermviewclinics.com	
Designer prescription glasses	> Dental & Optical (range of 8 Personalised Packages)	Opticalrooms Limited	www.opticalrooms.com	
Digital Doctor	> Day to Day & Out-patient Benefits	Centric Health Ltd	01 562 5150	
Early pregnancy scan	 Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) 	Babyface Ltd trading as ReproScan or Medical Diagnotsic Ultrasound Ltd	www.reproscan.ie www.mdu.ie	
Exogen Therapy	> In-patient - Other Benefits	Bioventus Cooperitief UA	www.bioventus.com	
Eye test with Opticalrooms	> Dental & Optical Package (range of 8 Personalised Packages)	Opticalrooms Limited	www.opticalrooms.com	
Female Health Consultation	> Out-patient benefits	Centric Health Ltd	MyClinic in member portal at www.irishlifehealth.ie/login	
First Aid Course for Mums and Dads	 > Family & Kids Health Package (range of 8 Personalised Packages) > Out-patient Benefits > Family Protection Package (range of 8 Personalised Packages) > Maternity Extra (range of 8 Extras) 	First Aid For Everyone	www.firstaidforeveryone.ie	
Fitness Test & Personalised Exercise Programme	Sports Extra (range of 8 Extras)Screening Extra (range of 8 Extras)	Sports Surgery Clinic, Santry	www.sportssurgeryclinic.com	



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Flu Vaccination / Flu Vaccine	 Out-patient Benefits Family Protection Package (range of 8 Personalised Packages) Women's and Men's Health Package (range of 8 Personalised Packages) Family & Kids Health Package (range of 8 Personalised Packages) Maternity Extra (range of 8 Extras) You Extra (range of 8 Extras) Student Cover Package (Study in Ireland plan) 	Executive Medical Care Ltd trading as Tropical Medical Bureau	www.tmb.ie
Free Family Protection Cover	 Family Protection Package (range of 8 Personalised Packages) Enhanced Protection & Maternity Package (range of 2 Personalised Packages) 	Irish Life Assurance plc	www.irishlife.ie
Free Travel Insurance	 International Health & Travel Package (range of 8 Personalised Packages) Travel & Sports Cover Package (range of 2 Personalised Packages) Travel Extra (range of 8 Extras) 	AWP Assistance Ireland Ltd, trading as Allianz Partners and Allianz Assistance	www.allianz-assistance.ie
Genetic Testing for Cancer Treatment Options – Foundation One CDx	> In-patient - Other Benefits	Roche Products (Ireland) Ltd	www.roche.ie
Genetic Testing: Initial consultation	> In-patient - Other benefits	Blackrock Clinic, Hermitage Clinic Mater Private Hospital, Dublin	www.blackrock-clinic.ie www.hermitageclinic.ie www.materprivate.ie
Genetic Testing: Test for specified genetic mutations	> In-patient - Other benefits	Blackrock Clinic, Hermitage Clinic Mater Private Hospital, Dublin	www.blackrock-clinic.ie www.hermitageclinic.ie www.materprivate.ie
GentleBirth App	 Maternity - Out-patients Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) Maternity Extra (range of 8 Extras) Fertility & Maternity (range of 4 Personalised Packages) 	GentleBirth	www.gentlebirth.com
Health in the Home (HITH)	> In-patient - Other benefits	TCP Homecare Limited	www.tcp.ie
Health screening	> Member Benefits	Charter Medical Group Corporate Health Ireland	Charter Medical Group - 01 657 9000 Corporate Health Ireland - 021 435 0360 Cork, - 01 670 1820 Dublin, - 061 303 975 Limerick
Healthy Meals Benefit	> Fitness Focus (range of 4 Personalised Packages)	Gourmet Fuel	www.gourmetfuel.com
Healthy Minds	> In-patient - Other benefits	Lifeworks	www.irishlifehealth.lifeworks.
Home Early Support following 1 or 2 nights' stay in hospital	 Other Maternity Benefits Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) Maternity Extra (range of 8 Extras) 	Cpl Group Limited trading as Myhomecare and DoulaCare Ireland Limited	www.myhomecare.ie/ irishlifehealth www.doulacare.ie/ irish-life-health
Home Recovery Benefit	> Day-to-Day and Out-patient Benefits	Home Instead	www.homeinstead.ie
International Second Opinion Service	> Member Benefit	MediGuide International LLC	1800 902 251
Laser eye surgery	> Dental & Optical Package (range of 8 Personalised Packages)	Optical Express Group trading as Optical Express	www.opticalexpress.ie
Laser eye surgery - member benefit	> Member Benefits	Optilase	www.optilase.com
Lifestyle Genomic Testing	 You Extra (range of 8 Extras) Screening Extra (range of 8 Extras) Mind & Body (range of 4 Personalised Packages) Out-patient Benefits 	CircleDNA	www.circledna.com



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Maternity Mental Health Support	 Day-to-Day and Out-patient benefits Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) Maternity Extra (range of 8 Extras) Fertility Extra (range of 8 Extras) 	Nurture	www.nurturehealth.ie
Medicall Ambulance costs	> In-patient - Other benefits	Medicall Ambulance Limited	www.medicall.ie
Menopause Mental Health Support	> Out-patient benefits	Nurture	www.nurturehealth.ie
Mental Health Guide	> In-patient - Other benefits	Centric Mental Health Limited	01 562 5150
Metabolic Testing	 Out-patient Benefits Sports Cover Package (range of 8 Personalised Packages) Sports Extra (range of 8 Extras) 	Health Matters	www.myhealthmatters.ie
Mindfulness app subscription	Mind ExtraStudent Cover Package (Study in Ireland)	Headspace MyLife Meditation	www.headspace.com
Mindfulness course/class	 Day to Day & Out-patient Benefits Mind & Body (range of 4 Personalised Packages) Women's and Men's Health Package (range of 8 Personalised Packages) You Extra (range of 8 Extras) 	Headspace	www.headspace.com
Nurse 24/7 International	> Overseas Benefits	Healix Medical Partnership LLP	0044 208 481 7727
Nurse On Call	> Day to Day & Out-patient Benefits	Healix Medical Partnership LLP	01 562 5150
One hour teeth whitening	 Day to Day & Out-patient Benefits Dental & Optical Package (range of 8 Personalised Packages) You Extra (range of 8 Extras) 	Desmond & McCarthy Teeth Whitening Specialists Limited trading as The White House	www.thewhitehouse.ie/ health-insurance-offer
Overseas assistance	> Overseas Benefits	Allianz Assistance	00353 1 481 7840
Positive Mental Health Training	> Mind Extra (range of 8 Extras)	Feeling Good app - The Foundation for Positive Mental Health	www.feelinggood.app
Postnatal Domestic Support	 Other Maternity Benefits Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) Maternity Extra (range of 8 Extras) 	Cpl Group Limited trading as Myhomecare	www.myhomecare.ie /irishlifehealth
Postnatal Doula Support	 Other Maternity Benefits Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) Maternity Extra (range of 8 Extras) 	Doula Care Ireland	www.doulacare.ie/ irish-life-health
Post-Operative Home Help	> In-patient - Other benefits	Cpl Group Limited trading as Myhomecare	www.myhomecare.ie/ irishlifehealth
Sexual health screening - HPV	 Day to Day & Out-patient Benefits Women's and Men's Health Package (range of 8 Personalised Packages) 	PrivaPath Diagnostics Limited trading as Let's Get Checked	www.letsgetchecked.com
Sexual health screening – simple 2 test	 Day to Day & Out-patient Benefits Student Cover (Study in Ireland Personalised Package) Women's and Men's Health Package (range of 8 Personalised Packages) You Extra (range of 8 Extras) 	PrivaPath Diagnostics Limited trading as Let's Get Checked	www.letsgetchecked.com
Sexual health screening - Standard 6 Test	 Day to Day & Out-patient Benefits Women's and Men's Health Package (range of 8 Personalised Packages) 	PrivaPath Diagnostics Limited trading as Let's Get Checked	www.letsgetchecked.com
Smoking Cessation	> Member Benefits	Allen Carr's Easyway to Stop Smoking Programme	01 4999010 www.allencarr.ie
Travel Vaccination / Travel Vaccines	 Overseas Benefits Travel & Sports Cover Package (range of 2 Personalised Packages) International Health & Travel Package (range of 8 Personalised Packages) Travel Extra (range of 8 Extras) 	Executive Medical Care Ltd trading as Tropical Medical Bureau	www.tmb.ie



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Travel vaccine consultation	 Travel & Sports Cover Package (range of 2 Personalised Packages) International Health & Travel Package (range of 8 Personalised Packages) Travel Extra (range of 8 Extras) 	Executive Medical Care Ltd trading as Tropical Medical Bureau	www.tmb.ie	
U Mamma	> Member Benefits	U Mamma	01 2014900 www.umamma.ie	
Vaccinations: Travel only	> Out-patient	Executive Medical Care Ltd trading as Tropical Medical Bureau	www.tmb.ie	
Vasectomy (in Clane Hospital)*	> Other Benefits	Clane Hospital - UPMC Kildare	www.upmc.ie	
VO2 Max testing	 > Fitness Focus (range of 4 Personalised Packages) > Travel & Sports Cover Package (range of 2 Personalised Packages) > Sports Cover Package (range of 8 Personalised Packages) > Sports Extra (range of 8 Extras) 	Health Matters	www.myhealthmatters.ie	
Weight management 20 week programme	 Women's and Men's Health Package (range of 8 Personalised Packages) You Extra (range of 8 Extras) 	Motivation Weight Loss	www.motivation.ie	
Welcome Home Food Hamper	 Out-patient Maternity Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) Fertility & Maternity (range of 4 Personalised Packages) Maternity Extra (range of 8 Extras) 	Gourmet Fuel	https://gourmetfuel.com/ irishlifehealth/	
Zika screening	 Enhanced Protection & Maternity Package (range of 2 Personalised Packages) Enhanced Maternity Package (range of 8 Personalised Packages) Maternity Extra (range of 8 Extras) Out-patient Benefits 	Executive Medical Care Ltd trading as Tropical Medical Bureau	www.tmb.ie	