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Did you know

you could speak to the GP about:



Mr GS | 25 years old Mr GS was on anti-depressants but was finding that his symptoms were getting worse. During a 29-minute consultation, the GP took a full medical history before inquiring as to why the patient was feeling more depressed. Work stress and financial woes combined with relationship uncertainty had snowballed when his counseling program had run its course. The GP and the patient discussed a plan on how best to proceed. This included the local rugby club's mental health support club, CBT techniques, review of medication dosage and trying again to see a GP for a face to face consultation.



Miss AI | 6 days old A concerned parent called seeking advice about their 6-day-old baby girl who was vomiting after each feed. The doctor discussed the birth and the baby's feeding patterns and established that the baby had no temperature or other symptoms. They mentioned that the baby was feeding very fast and the doctor suggested that they try a different type of teat and if there was no improvement to take her to see her own doctor. The caller commented that the Digital Doctor line is a great service, especially the fact that it is available 24 hours and that they would definitely use the service again.



Mrs RH | 25 years old Mrs RH was experiencing throat and chest pains for a few days which led to an A&E visit. A couple of days later, still not feeling better, she contacted Digital Doctor and spoke with a GP for over 20 minutes. During the consultation, the GP diagnosed her with a digestion related problem and prescribed an antacid for immediate relief from the symptoms.



Ms LK | 62 years old A patient used the Video consultation service to speak with a GP about a long-standing eye problem. The doctor was able to see her via video and spoke to her for over 20 minutes - enough time to diagnose her with blepharitis, a common ocular condition, and advise on the most appropriate treatment.



Ms AH | 51 years old Having recently been prescribed a second medication for an existing condition, Ms AH left her GP's office unsure of how best to take her multiple medications. With access to Digital Doctor, Ms AH contacted the service to discuss her medication. The GP was able to take the time to clearly explain how best to take her medication so that they worked safely and efficiently together. Ms AH was happy with the information given and pleased that the GP service was on hand.



Mr ST | 41 years old Fearing a pinched nerve, Mr ST contacted the Digital Doctor service for advice regarding neck and shoulder pain. Mr ST talked the GP through his symptoms and how his pain worsened when turning his head to the left. As the patient hadn't suffered from any arm or leg weakness, the GP concluded that the patient had an acute neck muscle spasm and therefore advised on the best over the counter analgesics available. Should the pain worsen, or should the patient experience any weakness in his legs or arms, he was instructed to contact his local out of hours or walk in centre for examination.



Mrs RD | 30 years old Mrs RD contacted the Digital Doctor service worried as her heart had been pounding for a week. She explained that she had recently been diagnosed with bronchiectasis and had a build-up of sputum in her throat. She had bought some herbal tea, turmeric and a digoxin substitute to help clear her throat but her heart had started pounding as a result. She had no chest pain or sweatiness, but the GP explained how digoxin toxicity can affect the heart and given it was being taken in tea, could potentially be at toxic levels. The GP recommended the patient head to A&E for a review and an ECG.



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