

## List of Provider Partners

This list confirms the provider partners for which you can claim a benefit, discount from or contribution from us under certain benefits. Please read this in conjunction with your policy documentation, Table of Cover and Membership Handbook where you will find the full details of the benefits your plan offers cover for.

### List of Provider Partners: as of 31 May 2022

Benefit Name	Benefit Section	Provider	Contact details
3& 4D scans (provided by Babyscan or MD Ultrasound)	<ul style="list-style-type: none"> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> </ul>	Babyface Ltd trading as Baby Scan or Medical Diagnostic Ultrasound Ltd	<a href="http://www.babyscan.ie">www.babyscan.ie</a> <a href="http://www.mdu.ie">www.mdu.ie</a>
4d scans	<ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>	Ultrasound Dimensions	Telephone: 01 210 0232 Email: <a href="mailto:info@ultrasound.ie">info@ultrasound.ie</a>
Adult Athletics Ireland membership	<ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; Family &amp; Kids Health Package (range of 8 Personalised Packages)</li> <li>&gt; Sports Cover Package (range of 8 Personalised Packages)</li> </ul>	Athletics Ireland	<a href="http://www.athleticsireland.ie">www.athleticsireland.ie</a>
Antenatal Class	<ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 personalised packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 personalised packages)</li> <li>&gt; Maternity Extra (range of 7 Extras)</li> </ul>	GentleBirth	<a href="http://www.gentlebirth.com">www.gentlebirth.com</a>
Asthma care programme	<ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>	Asthma Care Ireland	Telephone: 1800 931 935 or 091 756229 Website: <a href="http://www.asthmacare.ie">www.asthmacare.ie</a>
Baby sleep consultation	<ul style="list-style-type: none"> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> </ul>	Baby Sleep Academy	<a href="http://www.babysleepacademy.com">www.babysleepacademy.com</a>
Baby swimming classes	<ul style="list-style-type: none"> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Family &amp; Kids Health (range of 8 Personalised Packages)</li> </ul>	Water Babies Ireland East Limited trading as Water Babies	<a href="http://www.waterbabies.ie">www.waterbabies.ie</a>
Back up	<ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>	Spectrum Health	01 562 5150
Contact lenses	<ul style="list-style-type: none"> <li>&gt; Dental &amp; Optical (range of 8 Personalised Packages)</li> </ul>	Opticalrooms Limited	<a href="http://www.opticalrooms.com">www.opticalrooms.com</a>
Dental Access Package	<ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>	Smiles Town and Dental	1850 323 323 <a href="http://www.smiles.ie">www.smiles.ie</a>
Designer prescription glasses	<ul style="list-style-type: none"> <li>&gt; Dental &amp; Optical (range of 8 Personalised Packages)</li> </ul>	Opticalrooms Limited	<a href="http://www.opticalrooms.com">www.opticalrooms.com</a>
Digital Doctor	<ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> </ul>	Centric Health	01 562 5150
Early pregnancy scan	<ul style="list-style-type: none"> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> </ul>	Babyface Ltd trading as Baby Scan or Medical Diagnostic Ultrasound Ltd	<a href="http://www.babyscan.ie">www.babyscan.ie</a> <a href="http://www.mdu.ie">www.mdu.ie</a>
Eye test with Opticalrooms	<ul style="list-style-type: none"> <li>&gt; Dental &amp; Optical Package (range of 8 Personalised Packages)</li> </ul>	Opticalrooms Limited	<a href="http://www.opticalrooms.com">www.opticalrooms.com</a>
First Aid Course for Mums and Dads	<ul style="list-style-type: none"> <li>&gt; Family &amp; Kids Health Package (range of 8 Personalised Packages)</li> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Family Protection Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 7 Extras)</li> </ul>	First Aid For Everyone	<a href="http://www.firstaidforeveryone.ie">www.firstaidforeveryone.ie</a>
Fitness Test & Personalised Exercise Programme	<ul style="list-style-type: none"> <li>&gt; Sports Extra (range of 7 Extras)</li> </ul>	Sports Surgery Clinic, Santry	<a href="http://www.sportsurgeryclinic.com">www.sportsurgeryclinic.com</a>
Flu Vaccination / Flu Vaccine	<ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Family Protection Package (range of 8 Personalised Packages)</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> <li>&gt; Family &amp; Kids Health Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 7 Extras)</li> <li>&gt; You Extra (range of 7 Extras)</li> </ul>	Executive Medical Care Ltd trading as Tropical Medical Bureau	<a href="http://www.tmb.ie">www.tmb.ie</a>

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Free Family Protection Cover	> Family Protection Package (range of 8 Personalised Packages) > Enhanced Protection & Maternity Package (range of 2 Personalised Packages)	Irish Life Assurance plc	www.irishlife.ie
Free Travel Insurance	> International Health & Travel Package (range of 8 Personalised Packages) > Travel & Sports Cover Package (range of 2 Personalised Packages) > Travel Extra (range of 7 Extras)	AWP Assistance Ireland Ltd trading as Allianz Partners	www.allianz-partners.com
Genetic Testing: Initial consultation	> In-patient - Other benefits	Blackrock Clinic Mater Private Hospital, Dublin	www.blackrock-clinic.ie www.materprivate.ie
Genetic Testing: Test for specified genetic mutations	> In-patient - Other benefits	Blackrock Clinic Mater Private Hospital, Dublin	www.blackrock-clinic.ie www.materprivate.ie
GentleBirth App	> Maternity - Out-patients > Enhanced Protection & Maternity Package (range of 2 Personalised Packages) > Enhanced Maternity Package (range of 8 Personalised Packages) > Maternity Extra (range of 7 Extras)	GentleBirth	www.gentlebirth.com
Health in the Home (HITH)	> In-patient - Other benefits	TCP Homecare Limited	www.tcp.ie/homecare
Health screening	> Member Benefits	Charter Medical Group Employment Health Advisers	Charter Medical Group - 01 657 9000 Employment Health Advisers - 021 453 6000
Healthy Minds	> In-patient - Other benefits	Lifeworks by Mourneau Shepell	www.irishlifehealth.lifeworks.com
Home Early Support following 1 or 2 nights' stay in hospital	> Other Maternity Benefits > Enhanced Protection & Maternity Package (range of 2 Personalised Packages) > Enhanced Maternity Package (range of 8 Personalised Packages) > Maternity Extra (range of 7 Extras)	Cpl Group Limited trading as Myhomecare and DoulaCare Ireland Limited	www.myhomecare.ie/ irishlifehealth www.doulacare.ie/ irish-life-health
International Second Opinion Service	> Member Benefit	MediGuide International LLC	1800 902 251
Laser eye surgery	> Dental & Optical Package (range of 8 Personalised Packages)	Optical Express Group trading as Optical Express	www.opticalexpress.ie
Laser eye surgery - member benefit	> Member Benefits	Optilase	www.optilase.com
Lifestyle Genomic Testing	> You Extra (range of 7 Extras)	DNAfit	www.dnafit.com
Maternity Mental Health Support	> Day-to-Day and Out-patient benefits > Enhanced Protection & Maternity Package (range of 2 Personalised Packages) > Enhanced Maternity Package (range of 8 Personalised Packages) > Maternity Extra (range of 7 Extras) > Fertility Extra (range of 7 Extras)	Nurture	www.nurture.ie
Medicall Ambulance costs	> In-patient - Other benefits	Medicall Ambulance Limited	www.medicall.ie
Metabolic Testing	> Day to Day & Out-patient Benefits > Sports Cover Package (range of 8 Personalised Packages) > Sports Extra (range of 7 Extras)	Health Matters	www.myhealthmatters.ie
Mindfulness app subscription	> Mind Extra	Headspace or Stop, Breathe & Think	www.stopbreathethink.com
Mindfulness course/ classes	> Day to Day & Out-patient Benefits > Women's and Men's Health Package (range of 8 Personalised Packages) > You Extra (range of 7 Extras)	Headspace	www.headspace.com
Nurse 24/7 International	> Overseas Benefits	Healix Medical Partnership LLP	0044 208 481 7727
Nurse On Call	> Day to Day & Out-patient Benefits	Healix Medical Partnership LLP	01 562 5150

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One hour teeth whitening	<ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Dental &amp; Optical Package (range of 8 Personalised Packages)</li> <li>&gt; You Extra (range of 7 Extras)</li> </ul>	Desmond & McCarthy Teeth Whitening Specialists Limited trading as The White House	<a href="http://www.thewhitehouse.ie/health-insurance-offer">www.thewhitehouse.ie/health-insurance-offer</a>
Overseas assistance	<ul style="list-style-type: none"> <li>&gt; Overseas Benefits</li> </ul>	Allianz Worldwide Partners	00353 1 481 7840
Positive Mental Health Training	<ul style="list-style-type: none"> <li>&gt; Mind Extra (range of 7 Extras)</li> </ul>	Feeling Good app - The Foundation for Positive Mental Health	<a href="http://www.foundationforpositivementalhealth.com">www.foundationforpositivementalhealth.com</a>
Postnatal Domestic Support	<ul style="list-style-type: none"> <li>&gt; Other Maternity Benefits</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 7 Extras)</li> </ul>	Cpl Group Limited trading as Myhomecare	<a href="http://www.myhomecare.ie/irishlifehealth">www.myhomecare.ie/irishlifehealth</a>
Postnatal Doula Support	<ul style="list-style-type: none"> <li>&gt; Other Maternity Benefits</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 7 Extras)</li> </ul>	Doula Care Ireland	<a href="http://www.doulacare.ie/irish-life-health">www.doulacare.ie/irish-life-health</a>
Post-Operative Home Help	<ul style="list-style-type: none"> <li>&gt; In-patient - Other benefits</li> </ul>	Cpl Group Limited trading as Myhomecare	<a href="http://www.myhomecare.ie/irishlifehealth">www.myhomecare.ie/irishlifehealth</a>
Sexual health screening – HPV	<ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> </ul>	PrivaPath Diagnostics Limited trading as Let's Get Checked	<a href="http://www.letsgetchecked.com">www.letsgetchecked.com</a>
Sexual health screening – simple 2 test	<ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> <li>&gt; You Extra (range of 7 Extras)</li> </ul>	PrivaPath Diagnostics Limited trading as Let's Get Checked	<a href="http://www.letsgetchecked.com">www.letsgetchecked.com</a>
Sexual health screening – Standard 6 Test	<ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> </ul>	PrivaPath Diagnostics Limited trading as Let's Get Checked	<a href="http://www.letsgetchecked.com">www.letsgetchecked.com</a>
Smoking Cessation	<ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>	Allen Carr's Easyway to Stop Smoking Programme	1890 379 929 or 01 4999010 <a href="http://www.easyway.ie">www.easyway.ie</a> or <a href="http://www.allencarr.ie">www.allencarr.ie</a>
Travel Vaccination / Travel Vaccines	<ul style="list-style-type: none"> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; International Health &amp; Travel Package (range of 8 Personalised Packages)</li> <li>&gt; Travel Extra (range of 7 Extras)</li> </ul>	Executive Medical Care Ltd trading as Tropical Medical Bureau	<a href="http://www.tmb.ie">www.tmb.ie</a>
Travel vaccine consultation	<ul style="list-style-type: none"> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; International Health &amp; Travel Package (range of 8 Personalised Packages)</li> <li>&gt; Travel Extra (range of 7 Extras)</li> </ul>	Executive Medical Care Ltd trading as Tropical Medical Bureau	<a href="http://www.tmb.ie">www.tmb.ie</a>
U Mamma	<ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>	U Mamma	01 2014900 <a href="http://www.umamma.ie">www.umamma.ie</a>
Vasectomy (in Clane Hospital)*	<ul style="list-style-type: none"> <li>&gt; Other Benefits</li> </ul>	Clane Hospital - UPMC Kildare	<a href="http://www.upmc.ie">www.upmc.ie</a>
VO2 Max testing	<ul style="list-style-type: none"> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; Sports Cover Package (range of 8 Personalised Packages)</li> <li>&gt; Sports Extra (range of 7 Extras)</li> </ul>	Health Matters	<a href="http://www.myhealthmatters.ie">www.myhealthmatters.ie</a>
Weight management 10 week programme	<ul style="list-style-type: none"> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> <li>&gt; You Extra (range of 7 Extras)</li> </ul>	Motivation Weight Loss	<a href="http://www.motivation.ie">www.motivation.ie</a>
Weight management 20 week programme	<ul style="list-style-type: none"> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> <li>&gt; You Extra (range of 7 Extras)</li> </ul>	Motivation Weight Loss	<a href="http://www.motivation.ie">www.motivation.ie</a>
Welcome Home Food Hamper	<ul style="list-style-type: none"> <li>&gt; Out-patient Maternity</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 7 Extras)</li> </ul>	Gourmet Fuel	<a href="http://www.gourmetfuel.com/irishlifehealth/">www.gourmetfuel.com/irishlifehealth/</a>
Wellness DNA Test	<ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>	DNAfit	Log on to your member area <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a> to redeem

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Zika screening	<ul style="list-style-type: none"> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 7 Extras)</li> </ul>	Executive Medical Care Ltd trading as Tropical Medical Bureau	www.tmb.ie