

## List of Provider Partners

This list confirms the provider partners for which you can claim a benefit, discount from or contribution from us under certain benefits. Please read this in conjunction with your policy documentation, Table of Cover and Membership Handbook where you will find the full details of the benefits your plan offers cover for.

### List of Provider Partners: as of 1 January 2024

| Benefit Name  | Benefit Section  | Provider  | Contact details  |
|---|--|---|--|
| <b>3 &amp; 4D scans</b><br>(provided by ReproScan or MD Ultrasound) | <ul style="list-style-type: none"> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> </ul>  | Babyface Ltd trading as ReproScan or Medical Diagnostics Ultrasound Ltd | <a href="http://www.reproscan.ie">www.reproscan.ie</a><br><a href="http://www.mdu.ie">www.mdu.ie</a>   |
| <b>4d scans</b>   | > Member Benefits  | Ultrasound Dimensions   | Telephone: 01 210 0232<br>Email: <a href="mailto:hello@ultrasound.ie">hello@ultrasound.ie</a>  |
| <b>Adult Athletics Ireland membership</b>                           | <ul style="list-style-type: none"> <li>&gt; Out-patient Benefits</li> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; Family &amp; Kids Health Package (range of 8 Personalised Packages)</li> <li>&gt; Sports Cover Package (range of 8 Personalised Packages)</li> </ul> | Athletics Ireland   | <a href="http://www.athleticsireland.ie">www.athleticsireland.ie</a>   |
| <b>Asthma care programme</b>  | > Member Benefits  | Buteyko Clinic International  | Telephone: 091 335 536<br><a href="http://www.buteykoclinic.com">www.buteykoclinic.com</a>   |
| <b>Baby sleep consultation</b>                                      | <ul style="list-style-type: none"> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> </ul>  | Baby Sleep Academy  | <a href="http://www.babysleepacademy.com">www.babysleepacademy.com</a>   |
| <b>Baby swimming classes</b>  | <ul style="list-style-type: none"> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Family &amp; Kids Health (range of 8 Personalised Packages)</li> </ul>   | Water Babies Ireland East Limited trading as Water Babies               | <a href="http://www.waterbabies.ie">www.waterbabies.ie</a>   |
| <b>Back-Up</b>  | > Member Benefits  | Spectrum Health Limited   | 01 562 5150  |
| <b>Care Connect</b>   | > In-patient - Other benefits  | Care-Connect  | <a href="http://www.care-connect.ie/#register">www.care-connect.ie/#register</a><br>or access through MyClinic in your member portal at <a href="http://www.irishlifehealth.ie/login">www.irishlifehealth.ie/login</a> |
| <b>Contact lenses</b>   | > Dental & Optical (range of 8 Personalised Packages)  | Opticalrooms Limited  | <a href="http://www.opticalrooms.com">www.opticalrooms.com</a>   |
| <b>Dermatology Benefit</b>  | <ul style="list-style-type: none"> <li>&gt; Mind &amp; Body (range of 5 Personalised Packages)</li> <li>&gt; You Extra (range of 8 Extras)</li> <li>&gt; Day to Day &amp; Out-patient Benefits</li> </ul>  | AllView Healthcare  | <a href="https://allview.ie/dermatology/app-request/">https://allview.ie/dermatology/app-request/</a>  |
| <b>Designer prescription glasses</b>                                | > Dental & Optical (range of 8 Personalised Packages)  | Opticalrooms Limited  | <a href="http://www.opticalrooms.com">www.opticalrooms.com</a>   |
| <b>Digital Doctor - Book an Appointment</b>                         | > Day to Day & Out-patient Benefits  | Centric Health Ltd  | 01 562 5150  |
| <b>Digital Doctor - Message a Doctor</b>                            | > Day to Day & Out-patient Benefits  | Abi Global  | MyClinic in member portal at <a href="http://www.irishlifehealth.ie/login">www.irishlifehealth.ie/login</a>  |
| <b>Digital Doctor - Online Prescriptions</b>                        | > Day to Day & Out-patient Benefits  | Abi Global  | MyClinic in member portal at <a href="http://www.irishlifehealth.ie/login">www.irishlifehealth.ie/login</a>  |
| <b>Early pregnancy scan</b>   | <ul style="list-style-type: none"> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> </ul>  | Babyface Ltd trading as ReproScan or Medical Diagnostics Ultrasound Ltd | <a href="http://www.reproscan.ie">www.reproscan.ie</a><br><a href="http://www.mdu.ie">www.mdu.ie</a>   |
| <b>Exogen Therapy</b>   | > In-patient - Other Benefits  | Bioventus Cooperatief UA  | <a href="http://www.bioventus.com">www.bioventus.com</a>   |
| <b>Eye test with Opticalrooms</b>                                   | > Dental & Optical Package (range of 8 Personalised Packages)  | Opticalrooms Limited  | <a href="http://www.opticalrooms.com">www.opticalrooms.com</a>   |
| <b>Female Health Consultation</b>                                   | > Out-patient benefits   | Centric Health Ltd  | MyClinic in member portal at <a href="http://www.irishlifehealth.ie/login">www.irishlifehealth.ie/login</a>  |
| <b>First Aid Course for Mums and Dads</b>                           | <ul style="list-style-type: none"> <li>&gt; Family &amp; Kids Health Package (range of 8 Personalised Packages)</li> <li>&gt; Out-patient Benefits</li> <li>&gt; Family Protection Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> </ul>                             | First Aid For Everyone  | <a href="http://www.firstaidforeveryone.ie">www.firstaidforeveryone.ie</a>   |
| <b>Fitness Test &amp; Personalised Exercise Programme</b>           | <ul style="list-style-type: none"> <li>&gt; Sports Extra (range of 8 Extras)</li> <li>&gt; Screening Extra (range of 8 Extras)</li> </ul>  | Sports Surgery Clinic, Santry   | <a href="http://www.sportsurgeryclinic.com">www.sportsurgeryclinic.com</a>   |

List of Provider Partners: as of 1 January 2024

| Benefit Name  | Benefit Section  | Provider   | Contact details   |
|---|--|--|---|
| Flu Vaccination / Flu Vaccine                                     | <ul style="list-style-type: none"> <li>&gt; Out-patient Benefits</li> <li>&gt; Family Protection Package (range of 8 Personalised Packages)</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> <li>&gt; Family &amp; Kids Health Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> <li>&gt; You Extra (range of 8 Extras)</li> <li>&gt; Student Cover Package (Study in Ireland plan)</li> </ul> | Executive Medical Care Ltd trading as Tropical Medical Bureau                  | www.tmb.ie  |
| Free Family Protection Cover                                      | <ul style="list-style-type: none"> <li>&gt; Family Protection Package (range of 8 Personalised Packages)</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> </ul>   | Irish Life Assurance plc   | www.irishlife.ie  |
| Free Travel Insurance   | <ul style="list-style-type: none"> <li>&gt; International Health &amp; Travel Package (range of 8 Personalised Packages)</li> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; Travel Extra (range of 8 Extras)</li> <li>&gt; Travel Focus (range of 5 Personalised Packages)</li> <li>&gt; Travel Extra (Livewell Personalised Packages)</li> </ul>  | AWP Assistance Ireland Ltd, trading as Allianz Partners and Allianz Assistance | www.allianz-assistance.ie   |
| Genetic Testing for Cancer Treatment Options – Foundation One CDx | <ul style="list-style-type: none"> <li>&gt; In-patient - Other Benefits</li> </ul>   | Roche Products (Ireland) Ltd   | www.roche.ie  |
| Genetic Testing: Initial consultation                             | <ul style="list-style-type: none"> <li>&gt; In-patient - Other benefits</li> </ul>   | Blackrock Clinic, Hermitage Clinic Mater Private Hospital, Dublin              | www.blackrock-clinic.ie<br>www.hermitageclinic.ie<br>www.materprivate.ie  |
| Genetic Testing: Test for specified genetic mutations             | <ul style="list-style-type: none"> <li>&gt; In-patient - Other benefits</li> </ul>   | Blackrock Clinic, Hermitage Clinic Mater Private Hospital, Dublin              | www.blackrock-clinic.ie<br>www.hermitageclinic.ie<br>www.materprivate.ie  |
| GentleBirth App   | <ul style="list-style-type: none"> <li>&gt; Maternity - Out-patients</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> <li>&gt; Fertility &amp; Maternity (range of 5 Personalised Packages)</li> </ul>  | GentleBirth  | www.gentlebirth.com   |
| Health in the Home (HITH)   | <ul style="list-style-type: none"> <li>&gt; In-patient - Other benefits</li> </ul>   | TCP Homecare Limited   | www.tcp.ie  |
| Health screening  | <ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>   | Charter Medical Group<br>Corporate Health Ireland                              | Charter Medical Group - 01 657 9000<br>Corporate Health Ireland - 021 435 0360 Cork, - 01 670 1820 Dublin, - 061 303 975 Limerick |
| Healthy Meals Benefit   | <ul style="list-style-type: none"> <li>&gt; Fitness Focus (range of 5 Personalised Packages)</li> </ul>  | Gourmet Fuel   | https://gourmetfuel.com   |
| Healthy Minds   | <ul style="list-style-type: none"> <li>&gt; In-patient - Other benefits</li> </ul>   | TELUS Health   | www.irishlifehealth.lifeworks.com   |
| Home Early Support following 1 or 2 nights' stay in hospital      | <ul style="list-style-type: none"> <li>&gt; Other Maternity Benefits</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> </ul>   | Cpl Group Limited trading as Myhomecare and DoulaCare Ireland Limited          | www.myhomecare.ie/<br>irishlifehealth<br>www.doulacare.ie/<br>irish-life-health   |
| Home Recovery Benefit   | <ul style="list-style-type: none"> <li>&gt; Day-to-Day and Out-patient Benefits</li> </ul>   | Home Instead   | www.homeinstead.ie  |
| International Second Opinion Service                              | <ul style="list-style-type: none"> <li>&gt; Member Benefit</li> </ul>  | MediGuide International LLC  | 1800 902 251  |
| Laser eye surgery   | <ul style="list-style-type: none"> <li>&gt; Dental &amp; Optical Package (range of 8 Personalised Packages)</li> </ul>   | Optical Express Group trading as Optical Express                               | www.opticalexpress.ie   |
| Laser eye surgery - member benefit                                | <ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>   | Optilase   | www.optilase.com  |
| Lifestyle Genomic Testing   | <ul style="list-style-type: none"> <li>&gt; You Extra (range of 8 Extras)</li> <li>&gt; Screening Extra (range of 8 Extras)</li> <li>&gt; Mind &amp; Body (range of 5 Personalised Packages)</li> <li>&gt; Out-patient Benefits</li> </ul>   | CircleDNA  | www.circledna.com   |

**List of Provider Partners: as of 1 January 2024**

| Benefit Name                                     | Benefit Section   | Provider  | Contact details  |
|--|---|---|--|
| <b>Maternity Mental Health Support</b>           | <ul style="list-style-type: none"> <li>&gt; Day-to-Day and Out-patient benefits</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> <li>&gt; Fertility Extra (range of 8 Extras)</li> </ul> | Nurture   | <a href="http://www.nurturehealth.ie">www.nurturehealth.ie</a>   |
| <b>Medical Ambulance costs</b>                   | <ul style="list-style-type: none"> <li>&gt; In-patient - Other benefits</li> </ul>  | Medical Ambulance Limited   | <a href="http://www.medicall.ie">www.medicall.ie</a>   |
| <b>Menopause Mental Health Support</b>           | <ul style="list-style-type: none"> <li>&gt; Out-patient benefits</li> </ul>   | Nurture   | <a href="http://www.nurturehealth.ie">www.nurturehealth.ie</a>   |
| <b>Mental Health Guide</b>                       | <ul style="list-style-type: none"> <li>&gt; In-patient - Other benefits</li> </ul>  | Centric Mental Health Limited   | 01 562 5150  |
| <b>Metabolic Testing</b>                         | <ul style="list-style-type: none"> <li>&gt; Out-patient Benefits</li> <li>&gt; Sports Cover Package (range of 8 Personalised Packages)</li> <li>&gt; Sports Extra (range of 8 Extras)</li> </ul>  | Health Matters  | <a href="http://www.myhealthmatters.ie">www.myhealthmatters.ie</a>   |
| <b>Mindfulness app subscription</b>              | <ul style="list-style-type: none"> <li>&gt; Mind Extra</li> <li>&gt; Student Cover Package (Study in Ireland)</li> </ul>  | Headspace   | <a href="http://www.headspace.com">www.headspace.com</a>   |
| <b>Mindfulness course/class</b>                  | <ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Mind &amp; Body (range of 5 Personalised Packages)</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> <li>&gt; You Extra (range of 8 Extras)</li> </ul>   | Headspace   | <a href="http://www.headspace.com">www.headspace.com</a>   |
| <b>Nurse 24/7 International</b>                  | <ul style="list-style-type: none"> <li>&gt; Overseas Benefits</li> </ul>  | Healix Medical Partnership LLP  | 0044 208 481 7727  |
| <b>Nurse On Call</b>                             | <ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> </ul>  | Healix Medical Partnership LLP  | 01 562 5150  |
| <b>One hour teeth whitening</b>                  | <ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Dental &amp; Optical Package (range of 8 Personalised Packages)</li> <li>&gt; You Extra (range of 8 Extras)</li> </ul>  | Desmond & McCarthy Teeth Whitening Specialists Limited trading as The White House | <a href="http://www.thewhitehouse.ie/health-insurance-offer">www.thewhitehouse.ie/health-insurance-offer</a> |
| <b>Overseas assistance</b>                       | <ul style="list-style-type: none"> <li>&gt; Overseas Benefits</li> </ul>  | Allianz Assistance  | 00353 1 481 7840   |
| <b>Positive Mental Health Training</b>           | <ul style="list-style-type: none"> <li>&gt; Mind Extra (range of 8 Extras)</li> </ul>   | Feeling Good app - The Foundation for Positive Mental Health                      | <a href="http://www.feelinggood.app">www.feelinggood.app</a>   |
| <b>Postnatal Domestic Support</b>                | <ul style="list-style-type: none"> <li>&gt; Other Maternity Benefits</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> </ul>  | Cpl Group Limited trading as Myhomecare   | <a href="http://www.myhomecare.ie/irishlifehealth">www.myhomecare.ie/irishlifehealth</a>                     |
| <b>Postnatal Doula Support</b>                   | <ul style="list-style-type: none"> <li>&gt; Other Maternity Benefits</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> </ul>  | Doula Care Ireland  | <a href="http://www.doulacare.ie/irish-life-health">www.doulacare.ie/irish-life-health</a>                   |
| <b>Post-Operative Home Help</b>                  | <ul style="list-style-type: none"> <li>&gt; In-patient - Other benefits</li> </ul>  | Cpl Group Limited trading as Myhomecare   | <a href="http://www.myhomecare.ie/irishlifehealth">www.myhomecare.ie/irishlifehealth</a>                     |
| <b>Sexual health screening – HPV</b>             | <ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> </ul>  | PrivaPath Diagnostics Limited trading as Let's Get Checked                        | <a href="http://www.letsgetchecked.com">www.letsgetchecked.com</a>   |
| <b>Sexual health screening – simple 2 test</b>   | <ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Student Cover (Study in Ireland Personalised Package)</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> <li>&gt; You Extra (range of 8 Extras)</li> </ul>  | PrivaPath Diagnostics Limited trading as Let's Get Checked                        | <a href="http://www.letsgetchecked.com">www.letsgetchecked.com</a>   |
| <b>Sexual health screening – Standard 6 Test</b> | <ul style="list-style-type: none"> <li>&gt; Day to Day &amp; Out-patient Benefits</li> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> </ul>  | PrivaPath Diagnostics Limited trading as Let's Get Checked                        | <a href="http://www.letsgetchecked.com">www.letsgetchecked.com</a>   |
| <b>Smoking Cessation</b>                         | <ul style="list-style-type: none"> <li>&gt; Member Benefits</li> </ul>  | Allen Carr's Easyway to Stop Smoking Programme                                    | 01 4999010<br><a href="http://www.allencarr.ie">www.allencarr.ie</a>   |

List of Provider Partners: as of 1 January 2024

| Benefit Name                         | Benefit Section  | Provider  | Contact details   |
|--------------------------------------|--|---|---|
| Travel Vaccination / Travel Vaccines | <ul style="list-style-type: none"> <li>&gt; Overseas Benefits</li> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; International Health &amp; Travel Package (range of 8 Personalised Packages)</li> <li>&gt; Travel Extra (range of 8 Extras)</li> <li>&gt; Travel Focus (range of 5 Personalised Packages)</li> </ul>                | Executive Medical Care Ltd trading as Tropical Medical Bureau | www.tmb.ie  |
| Travel vaccine consultation          | <ul style="list-style-type: none"> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; International Health &amp; Travel Package (range of 8 Personalised Packages)</li> <li>&gt; Travel Extra (range of 8 Extras)</li> <li>&gt; Travel Focus (range of 5 Personalised Packages)</li> </ul>  | Executive Medical Care Ltd trading as Tropical Medical Bureau | www.tmb.ie  |
| Vaccinations: Travel only            | <ul style="list-style-type: none"> <li>&gt; Out-patient</li> </ul>   | Executive Medical Care Ltd trading as Tropical Medical Bureau | www.tmb.ie  |
| Vasectomy (in Clane Hospital)        | <ul style="list-style-type: none"> <li>&gt; Other Benefits</li> </ul>  | Clane Hospital - UPMC Kildare                                 | www.upmc.ie   |
| VO2 Max testing                      | <ul style="list-style-type: none"> <li>&gt; Fitness Focus (range of 5 Personalised Packages)</li> <li>&gt; Travel &amp; Sports Cover Package (range of 2 Personalised Packages)</li> <li>&gt; Sports Cover Package (range of 8 Personalised Packages)</li> <li>&gt; Sports Extra (range of 8 Extras)</li> </ul>  | Health Matters  | www.myhealthmatters.ie  |
| Weight management 20 week programme  | <ul style="list-style-type: none"> <li>&gt; Women's and Men's Health Package (range of 8 Personalised Packages)</li> <li>&gt; You Extra (range of 8 Extras)</li> </ul>   | Motivation Weight Loss  | www.motivation.ie   |
| Welcome Home Food Hamper             | <ul style="list-style-type: none"> <li>&gt; Out-patient Maternity</li> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Fertility &amp; Maternity (range of 5 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> </ul> | Gourmet Fuel  | <a href="https://gourmetfuel.com/irishlifehealth/">https://gourmetfuel.com/irishlifehealth/</a> |
| Zika screening                       | <ul style="list-style-type: none"> <li>&gt; Enhanced Protection &amp; Maternity Package (range of 2 Personalised Packages)</li> <li>&gt; Enhanced Maternity Package (range of 8 Personalised Packages)</li> <li>&gt; Maternity Extra (range of 8 Extras)</li> <li>&gt; Out-patient Benefits</li> </ul>   | Executive Medical Care Ltd trading as Tropical Medical Bureau | www.tmb.ie  |