

2 What you're covered for

First Focus 300

Effective from 1st April 2024



You should read this table of cover along with the Health Plans membership handbook effective from April 2024, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List 2 in Part 12 of your Health Plans membership handbook.

In-patient Benefits

Hospital Cover

Inpatient Consultants fees (In selected hospitals only) and Inpatient Scans (In selected hospitals only) are fully covered

Benefits	Public Hospital (In selected hospitals only)	Private Hospital (In selected hospitals only)	High-tech Hospital (In selected hospitals only)
Semi Private Room	Covered	Covered subject to €300 excess; subject to a €2,000 co-payment on certain cardiac & orthopaedic procedures ¹	Covered subject to €300 excess; subject to a €2,000 co-payment on certain cardiac & orthopaedic procedures ¹
Private Room	Covered	Covered subject to €300 excess; subject to a €2,000 co-payment on certain cardiac & orthopaedic procedures ¹	Covered subject to €300 excess; subject to a €2,000 co-payment on certain cardiac & orthopaedic procedures ¹
Day Case	Covered	Covered subject to €150 excess per claim subject to €2,000 co-payment on certain cardiac procedures ¹	Covered subject to €150 excess; subject to a €2,000 co-payment on certain cardiac procedures ¹
Listed Cardiac Procedures ¹	-	-	Covered subject to €300 excess per claim and €2,000 co-payment on certain cardiac procedures ¹
Listed Special Procedures ¹	-	-	Covered subject to €300 excess per claim and €2,000 co-payment on certain cardiac & orthopaedic procedures ¹

Maternity

Public hospital cover for maternity	3 nights accommodation
Home birth	Covered up to €500
Inpatient maternity consultant fees	Covered up to €300
Postnatal Domestic Support	2 x 3 hour cleaning sessions
Postnatal Doula Support	1 x 3 hour session with postnatal supporter
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 3 hours with postnatal supporter
Home Early Support following 2 nights stay in hospital	1 hour midwife and 2 x 3 hours with postnatal supporter
Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist
GentleBirth App	See handbook for details

Emergency Inpatient Treatment Abroad and related benefits

Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered



Psychiatric Treatment

Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan for your listed hospitals)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)



Other Benefits

Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Care Connect	Covered (refer to membership handbook)
EXOGEN therapy	Covered with our provider partner
Gender Affirmation Benefit	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Public Hospital Levy	Levy no longer charged
Inpatient Support Benefit (for travel expenses when travelling more than 50km)	€50 x 10 visits (subject to €1 excess)
Medical ambulance costs	Covered (refer to Membership Handbook)
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered



Out-patient Benefits

Out-patient Benefits not subject to excess

Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Female Health Consultation	50% cover x 4 consultations per year with our provider partner
Minor Injury Clinic Cover	70% up to €200 per visit
Minor Injury Clinic Cover (Pay & Claim)	70% up to €200 per visit
MRI Scan: approved centre	Covered
Antenatal Class	€50 towards an antenatal class
CT Scan: approved centre	Covered
Convalescence benefits	€30 x 16 days
PET-CT Scan: approved centre	Covered
Maternity Mental Health Support	€40 x 8 sessions with Nurture

HPV Vaccine	50% up to €200 per policy year
Health screening	Covered up to €100 towards V02 Max Testing or Fertility Assessments or Sexual Health Screening once per policy year
Public A&E Cover	€120 x 1 visit
Vaccinations: Travel Only	€100 per year

Out-patient Benefits subject to excess

Outpatient excess per person	€100
Maximum amount of outpatient benefits per member per policy year	€5000
MRI Scan: non approved centre	Not covered on this plan
CT Scan: non approved centre	Not covered on this plan
PET-CT Scan: non approved centre	Not covered on this plan
Home Recovery Benefit	€80 x 10 days
Medical and surgical appliances	As per specified list ²
Psycho-oncology Counselling	€40 x 5 visits
Manual Lymph Drainage	€50 x 5 visits
Emergency Dental Care	€750
Consultant fees	€60 per visit
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% as per schedule of benefits for professional fees ³
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% as per schedule of benefits for professional fees ³



Members Benefits

Back Up	Health Screening
International Second Opinion Service	Laser Eye Surgery
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie	

¹ All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.

² The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.

³ The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100.