

# Health Plan 10

## Effective from 1st July 2021

You should read this table of cover along with the Health Plans membership handbook effective from July 2021, which you can find on [irishlifehealth.ie/more-info](http://irishlifehealth.ie/more-info). The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

### In-patient Benefits

#### Hospital Cover

Inpatient Consultant fees and Inpatient Scans are fully covered

Benefits	Public Hospital	Private Hospital	High-tech Hospital
Semi Private Room	Covered	Covered subject to €75 excess per claim subject to €1,500 co-payment on certain orthopaedic procedures. <sup>1</sup>	Covered (Beacon Only) subject to €75 excess per claim. Mater Private and Blackrock Clinic 45% cover subject to €500 excess per claim.
Private Room	Covered	Semi-Private Rate subject to €75 excess per claim subject to €1,500 co-payment on certain orthopaedic procedures <sup>1</sup>	Semi-Private Rate (Beacon only) subject to €75 excess per claim. Mater Private and Blackrock Clinic 35% cover subject to €500 excess per claim.
Day Case	Covered	Covered subject to €75 excess per claim	Covered subject to €100 excess per claim
Listed Cardiac Procedures <sup>1</sup>	-	-	Covered subject to €75 excess per claim
Listed Special Procedures <sup>1</sup>	-	-	Covered subject to €75 excess per claim subject to €1,500 co-payment on certain orthopaedic procedures. <sup>1</sup>

#### Maternity

Public hospital cover for maternity	3 nights accommodation
Grant-in-aid amount	Covered up to €3,450
Home birth	Covered up to €3,450
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>2</sup>
Newborn free till next renewal	Yes
Postnatal Domestic Support	3 x 3 hour cleaning sessions
Postnatal Doula Support	2 x 3 hour sessions with postnatal supporter
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 4 hours with postnatal supporter
Home Early Support following 2 nights stay in hospital	1 hour midwife and 3 x 3 hours with postnatal supporter
Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist

#### Emergency Inpatient Treatment Abroad and related benefits

Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered

GentleBirth App	See handbook for details
Breastfeeding consultancy	€25 x 2 sessions
Partner benefit	€50 x 2 days travel, accommodation & child minding expenses



### Elective overseas referral

Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland



### Psychiatric Treatment

Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)



### Other Benefits

Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Convalescence benefits	€50 x 14 days
Child Home Nursing	€100 x 14 days (following an inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Gender reassignment benefit	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Medical ambulance costs	Covered (refer to Membership Handbook)
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered



## Out-patient Benefits

### Out-patient Benefits not subject to excess

Nurse on call	Covered
Digital Doctor	Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.
Minor Injury Clinic Cover	75% up to €400 per visit
Minor Injury Clinic Cover (Pay & Claim)	75% up to €400 per visit
Antenatal Class	€75 towards an antenatal class, or, €75 contribution & 10% point of sale discount with GentleBirth Workshop
Maternity Mental Health Support	€40 x 10 sessions with Nurture
HPV Vaccine	50% up to €200 per policy year
Health screen at any centre	Covered up to €100 per annum
Vasectomy (GP or Consultant)	Covered up to €360
Vaccinations: Travel Only	€50 per year
Home Recovery Benefit	€80 x 10 days
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered

PET-CT Scan: approved centre	Covered
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## Day to Day Benefits

### Day to Day Benefits subject to excess

Individual Day-to-day excess	€1
Maximum limits per policy	€4000

### Day to Day Practitioners

GP Visits	50% up to €30 x 25 visits
Dentist Visits	50% up to €30 x 25 visits
Physiotherapist or Physical therapist	50% up to €30 x 29 visits

### Allied Health Professionals and Alternative Practitioners

Acupuncturist	50% up to €30 x 24 combined visits <sup>3</sup>
Chiropracist	50% up to €30 x 24 combined visits <sup>3</sup>
Chiropractor	50% up to €30 x 24 combined visits <sup>3</sup>
Dietician	50% up to €30 x 24 combined visits <sup>3</sup>
Homeopath	50% up to €30 x 24 combined visits <sup>3</sup>
Massage therapist	50% up to €30 x 24 combined visits <sup>3</sup>
Medical herbalist	50% up to €30 x 24 combined visits <sup>3</sup>
Occupational therapist	50% up to €30 x 24 combined visits <sup>3</sup>
Osteopath	50% up to €30 x 24 combined visits <sup>3</sup>
Podiatrist	50% up to €30 x 24 combined visits <sup>3</sup>
Reflexologist	50% up to €30 x 24 combined visits <sup>3</sup>

### Other Day-to-day Benefits

Consultant fees	50% up to €70 per visit
Pre/Post natal medical expenses	50% up to €250
Hearing Test	50% up to €25 x 1 visit
Optical (eye test and/or glasses/lenses combined)	50% up to €25 x 1 visit
Prescriptions	50% up to €25 per annum
Child speech and language therapist	50% up to €30 x 8 visits
Child psychology	50% up to €30 x 8 visits
Manual lymph drainage	50% up to €25 x 8 visits
Medical and surgical appliances	As per specified list (subject to €200 excess) <sup>4</sup>
Public A&E Cover	€66 x 2 visits
Psycho-oncology counselling	50% up to €25 x 8 visits
Emergency dental care	Up to €250
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% as per schedule of benefits for professional fees <sup>2</sup>
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% as per schedule of benefits for professional fees <sup>2</sup>

Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit. The level of benefit payable will be the greater of either day to day or outpatient.



## Members Benefits

Allen Carr Smoking Cessation	Back Up
Laser Eye Surgery	Smiles Dental Access Package
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a>	

<sup>1</sup> All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.

<sup>2</sup> The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.

<sup>3</sup> The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.

<sup>4</sup> The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.