

VIGO

Effective from 1st April 2023

You should read this table of cover along with the Everyday Care Plans membership handbook effective from April 2023, which you can find on irishlifehealth.ie/more-info. The scan centres and minor injury clinics covered on this plan are set out in List 5 in Part 12 of your Everyday Care Plans membership handbook.



Day to Day Benefits

Day to Day Benefits subject to excess

Individual Day-to-day excess	€1
Maximum limits per policy	€4000



Day to Day Practitioners

GP & Prescriptions	€60 per visit, capped at €200 per policy year
Dentist Visits	€40 x 7 visits
Physiotherapist or Physical therapist	€50 x 10 visits



Allied Health Professionals and Alternative Practitioners

Acupuncturist	€50 x 10 combined visits ¹
Chiropracist	€50 x 10 combined visits ¹
Chiropractor	€50 x 10 combined visits ¹
Dietician	€50 x 10 combined visits ¹
Massage therapist	€50 x 10 combined visits ¹
Medical herbalist	€50 x 10 combined visits ¹
Nutritionist	€50 x 10 combined visits ¹
Occupational therapist	€50 x 10 combined visits ¹
Orthoptist	€50 x 10 combined visits ¹
Podiatrist	€50 x 10 combined visits ¹
Reflexologist	€50 x 10 combined visits ¹
Reiki practitioner	€50 x 10 combined visits ¹
Speech therapist	€50 x 10 combined visits ¹



Other Day-to-day Benefits

Psychotherapy and counselling benefit	Up to 10 visits, capped at €400 per policy year
Consultant fees	€60 per visit, capped at €500 per policy year
Pre/Post natal medical expenses	Up to €200 per policy year
Minor Injury Clinic Cover (Direct Settlement)	First 2 visits fully covered, 50% cover for subsequent visits
Minor Injury Clinic Cover (Pay & Claim)	First 2 visits fully covered, 50% cover for subsequent visits
Diagnostic Scans (in approved centres)	Covered
Pathology & Radiology	€50 per visit, capped at €300 per policy year

Optical (eye test and/or glasses/lenses combined)	50% up to €100 per policy year
Health Screen	Up to €100 per policy year
At Home Lipid or Iron Test	Up to €45 per policy year
At Home STI Screening	Up to €45 per policy year
Dermatology benefit	€60 x 2 visits with our provider partner
Mindfulness Course	€50 contribution

¹ The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.